

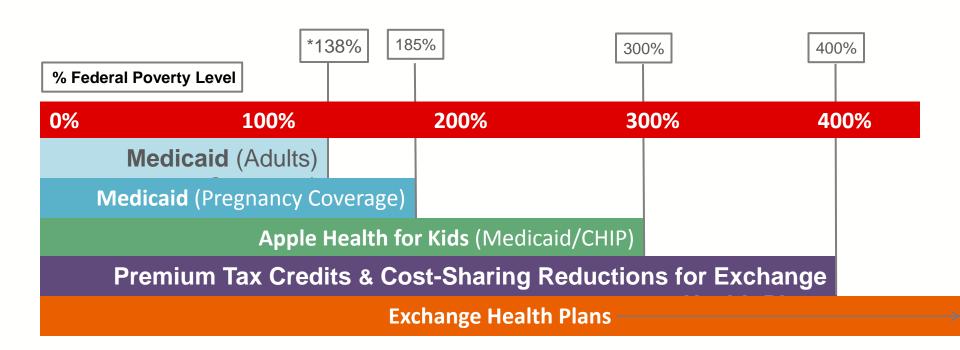
### Medicaid Benefit Changes: 2014 Overview

Gail Kreiger, BSN
Manager, Healthcare Benefits &
Utilization Management
Health Care Services
October 2013

Jenny Hamilton Senior Policy Analyst Health Care Policy

## Health Care Coverage in 2014

### **New Continuum of Affordable Options**



<sup>\*</sup> The ACA's "133% of the FPL" is effectively 138% of the FPL because of a 5% across-the-board income disregard



## 2013 FPL Levels

Federal Poverty Level	Annual Income: Individual	Annual Income Level: Family of 3
100%	\$11,496	\$19,536
133%	\$15,288	\$25,980
138%	\$15,864	\$26,952
200%	\$22,980	\$39,060
300%	\$34,476	\$58,596
400%	\$45,960	\$78,120

Source: http://aspe.hhs.gov/poverty/13poverty.cfm

Per HHS directive, after inflation adjustment, the guidelines are rounded and adjusted to standardize the differences between family sizes.



OPEN ENROLLMENT: OCTOBER 1, 2013 TO MARCH 31, 2014



## Find Health Coverage that is Right for You

Welcome to Washington Healthplanfinder, a new way to help you find, compare and select a quality health insurance plan that is right for you, your family and your budget.

Find and Compare Health Plans

Apply for Coverage

Sign In

Username

Password

Remember Me

Forgot your username?

Forgot your password?

Sign in

#### **Small Business Options**

If you are a small business owner with 2 to 50 employees in Washington, you can provide health insurance through Healthplanfinder and you may be eligible for tax credits.

If your employer has signed up for coverage through Washington Healthplanfinder, you will receive instructions and log-in information directly from your employer.

**Cover Your Employees** 

#### Click.Compare.Covered

More people than ever before are now eligible for low-cost or free health insurance. Middle-income and low-income individuals and families generally qualify. Healthplanfinder is the only way you can access these savings.

Learn More >

HEALTHPLANFINDER-APPROVED PLANS:



**QHP** Logo

#### **APPLICATIONS:**

**Began Oct 1, 2013** 

**NEW BENEFITS:** 

**Begin Jan 1, 2014** 



## Medicaid in 2014

- Expand Medicaid to 138%\* of the Federal Poverty Level (FPL)
- Washington's new adult groups will include:
  - Childless adults with incomes below 138% FPL
  - Parents with incomes between 40% and 138% of FPL (parents with incomes below 40% FPL are currently covered)
- Current Medicaid eligibility standards still apply to aged, blind, disabled, SSI and foster children

<sup>\*</sup> The ACA's 133% of FPL is effectively 138% because of 5% across the board income disregard

## Timeline for Benefits Development

• **Feb 2013:** "Strawman" for discussion

http://www.hca.wa.gov/hcr/me/Pages/policies.aspx#benchmark

Jun 30, 2013: Washington State Budget signed

http://leap.leg.wa.gov/leap/budget/index lbns.asp

Jul 15, 2013: CMS final rules on Essential Health Benefits in

**Alternative Benefit Plans** 

https://www.federalregister.gov/articles/2013/07/15/2013-16271/medicaid-and-childrens-health-insurance-programs-essential-health-benefits-in-alternative-benefit

Aug 2013: "Implementation" workgroups began

• **Sep 2013:** CMS 11 ABP templates available

http://157.199.113.99/MMDLDOC/abpIG.html

Oct-Nov 2013: CMS guidance & ABP template development

Nov-Dec 2013: WAC process (SPA and ABP)

Further details will be available

• Jan 1, 2014: New benefits begin



### Overview of Adult Benefits

## Affordable Care Act – Alternative Benefit Plan

- Benefits for newly eligible Medicaid adults
- Cover all 10 essential health benefits categories
- Meet mental health parity
- Cover non-emergency medical transportation
- Cover Early Periodic Screening, Diagnosis & Treatment
- Include enhanced preventive services
- Include shingles vaccination for adults 60+

#### 2013-15 Budget Authority

- Medicaid expansion expenditure authorized
- Adult benefits standardized <u>except</u> new habilitative services benefit applies to newly eligible adults only
- Dental services restored
- Naturopaths covered

#### **Essential Health Benefits**

- 1. Ambulatory services
- 2. Emergency services
- 3. Hospitalization
- 4. Maternity and newborn care
- Mental health and substance use disorder services, including behavioral health treatment
- 6. Prescription drugs
- Rehabilitative and habilitative services and devices
- 8. Laboratory services
- 9. Preventive and wellness services and chronic disease management
- Pediatric services, including oral and vision care

### ABP Won't Cover Behavioral Health Continuum

#### Mental Health Services:

- Crisis/Involuntary Treatment Act services and related judicial costs
- Services for people in local Jails
- Institute for Mental Disease (IMD) hospitals and residential services
- Other critical safety net programs and services including Offender Re-entry and Residential Treatment Facility room and board

#### Chemical Dependency Services:

- IMD chemical dependency residential and detoxification Programs
- CD residential facility room and board
- Parent child assistance program
- Other critical safety net programs and services including Childcare, Fetal Alcohol Syndrome, limited involuntary treatment



### 1) Restoration of Dental Benefits for Adults (FFS)

- Restorative
- Preventive
- Dentures

### 2) Preventive Care

Add shingles vaccination for clients over 60 years of age (ACA)

- ❖ Add Naturopathic physicians to the list of eligible providers for primary care services for all clients (BUD)
  - No coverage for homeopathic interventions

- Add screenings of children for autism by primary care providers (BUD)
- ❖Add screening, brief intervention and referral for treatment (SBIRT) by trained certified providers for clients known to be or at high risk for substance abuse, to include alcohol and drugs w/wo anxiety and depression (ACA)
- ❖ Add prescription fills of oral contraceptives for 12 months at a time for female clients (BUD)

- 3) Changes to Mental Health benefit to achieve MH Parity (ACA)
  - ❖ No limits on number of visits all ages (12, 20)
  - Expansion of eligible providers to provide counseling services for adults:
    - Licensed Psychologists
    - Licensed Advanced Registered Nurse Practitioners
    - Licensed Advanced Social Workers
    - Licensed Independent Social Workers
    - Licensed Mental Health Counselors
    - Licensed Marriage and Family Therapists



For Expansion population **ONLY** (ACA)

### 4) Habilitative services -

Are medically necessary services provided to assist the client in partially or fully attaining, learning, keeping or improving developmental-age appropriate skills that were never present as a result of a congenital, genetic, or early acquired health condition and required to maximize, to the extent practical, the client's ability to function within their environment.

These services will be covered equivalent to the current outpatient rehabilitation services (6 visits each for physical, occupational and speech therapy) and subject to limitation extensions as determined medically necessary via prior authorization.

Devices provided for this purpose are covered under the DME benefit.

#### These services do not include:

- Day habilitation services designed to provide training, structured activities and specialized services to adults.
- Chore services to assist with basic needs.
- Vocational services.
- Custodial services.
- ❖ Respite.
- Recreational care.
- Residential treatment.
- Social services.
- Educational services of any kind.



# Questions?



### Resources

- HCA Medicaid Expansion 2014: <a href="www.hca.wa.gov/hcr/me">www.hca.wa.gov/hcr/me</a>
  - Contact Us: <a href="mailto:medicaidexpansion2014@hca.wa.gov">medicaidexpansion2014@hca.wa.gov</a>
- WA Health Benefit Exchange: <a href="www.wahbexchange.org">www.wahbexchange.org</a>
  - Contact Us: <a href="mailto:info@wahbexchange.org">info@wahbexchange.org</a>